**Trans*? Under 25?**

**Know Your Rights at Your GP Surgery**

* Trans = someone whose gender is different to the one they were given at birth. Trans is an umbrella term which can include people who identify as transgender, non-binary, no gender, gender-questioning etc.

**You Can**
- use whatever name, pronoun, title you want

**You Don’t**
- need any documentation to prove it

**You Have**
- the right to be referred to a gender identity clinic of your choosing by your GP

**You Don’t**
- need to go through local mental health services

**You Have**
- the right to be taken seriously

**You Have**
- the right to accurate information from your GP

If your GP doesn’t know answers to your questions, they should research the NHS guidelines for what to do next.

GPs can also get free e-learning training here:
http://elearning.rcgp.org.uk/gendervariance

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*NHS*

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